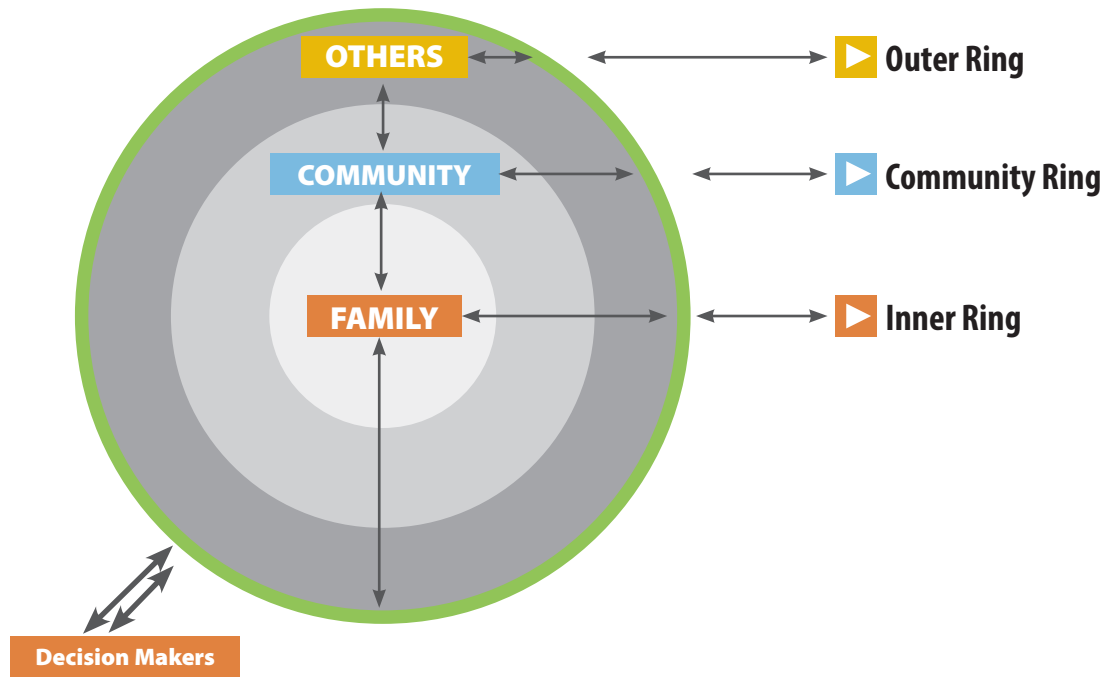


Progression of Leadership™

Self-Assessment for Families



As an emerging Family Leader, where are you on the Progression of Leadership?

Explain _____

How interested are you in going to the next level?



What resources will you need to go to the next level?

1. _____
2. _____
3. _____
4. _____

List your current skills and experience that will benefit your health clinic or hospital.

1. _____
2. _____
3. _____
4. _____

Examples of ...

▶ The Inner Ring:

1. Attend classes on parenting skills or stages of child development.
2. Attend a training to feel confident about your child's Care or Treatment Plan.
3. Follow through on referrals to specialists .
4. Learn how to effectively coordinate your child's health care needs.
5. Have a list of local support groups in the area.
6. Keep good records of your child's health care visits, medications and allergies
7. Keep a list of your child's providers – including physician, therapist, pharmacy, etc.

▶ The Community Ring:

1. Plan and implement a community forum or training.
2. Find a friend and go to a community meeting or training.
3. Develop a local support group and work with a community partner to donate their space for a meeting.
4. Write an article about a family success story and ask hospitals or health care clinics to include it in their newsletter.
5. Partner with your provider to develop a feedback process for families.
6. Develop a list of local support groups and share it in the community - library, grocery store, waiting rooms, etc.
7. Create a forum to hear from other families regarding their wellness needs – some of which may include other “systems” - foster care, autism meetings, grief support, etc.

▶ The Outer Ring (Others):

1. Develop and lead an advisory council at the hospital or health clinic.
2. Work with a hospital to review aggregate data of feedback from families.
3. Recommend policy changes as a result of surveys/ assessments.
4. Participate in grant writing to assure the perspective of families is integrated in program development.
5. Participate as a content expert on a Quality Improvement team.
6. Establish yourself as a consultant and professionally offer consultative reports including policy recommendations.
7. Be informed about legislative issues that will impact children and families.
8. Prepare and deliver an impactful legislative testimony.
9. Participate in leadership development classes to enhance your skills and content knowledge.