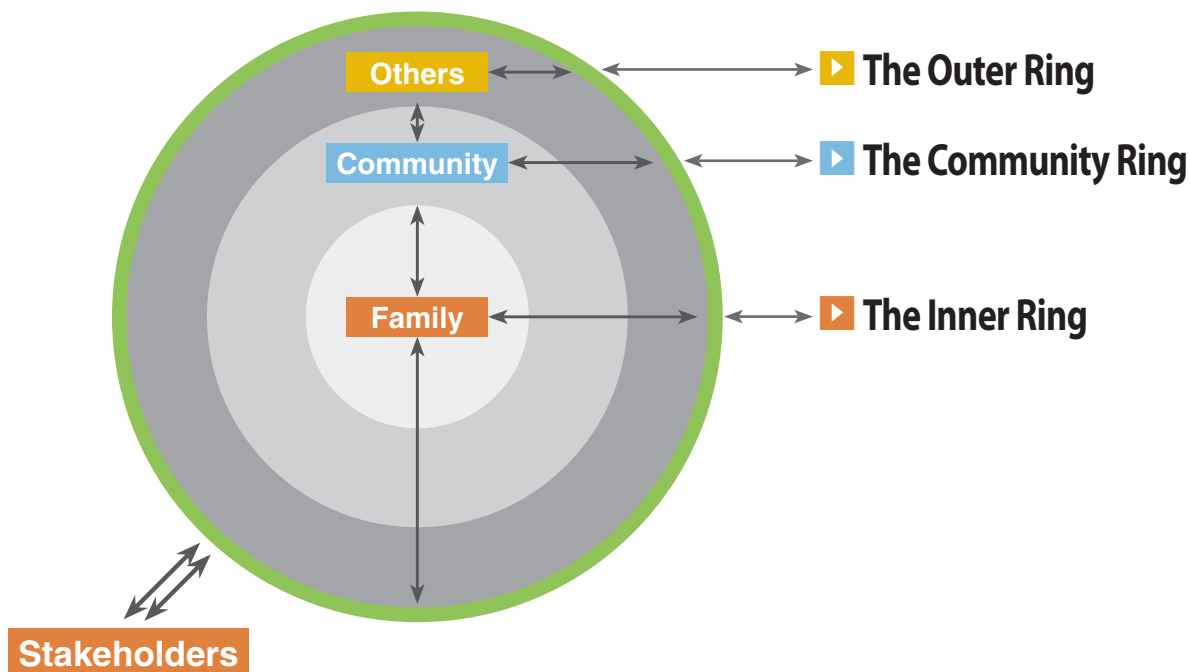


Self-Assessment Progression of Leadership



Where do you think you are in the progression of family leadership?

Explain:

How interested are you in going to the next level?



For you to progress to the next level, what supports do you need?

What are some activities that you would like to do as a result of developing your leadership skills?

Explain:

Examples of ...

▶ **The Inner Ring** (*Family*):

1. Attend classes on Parenting skills or Child Development.
2. Attend a training to feel confident about your child's Care Plan or IEP.
3. Follow through on referrals to specialists .
4. Learn how to effectively coordinate your child's health care needs.
5. Have a list of local support groups in the area.
6. Keep good records of your child's health care visits.
7. Keep a list of my child's providers – including physician, therapist, pharmacy.

▶ **The Community Ring**:

1. Plan and implement a community forum or training.
2. Work with local partners to sponsor a family to attend community meetings or trainings.
3. Develop a local support group and work with a community partner to donate their space for the meeting.
4. Write an article about a family success story and ask agencies to include it in their newsletter.
5. Partner with your provider to develop a satisfaction survey for families.
6. Develop a list of local support groups and share it in the community (library, grocery store, waiting rooms, etc.).
7. Create a forum to hear from families regarding their overall wellness needs – some of which may include other “systems” (foster care, autism meetings, grief support, etc.).

▶ **The Outer Ring** (*Others*):

1. Attend professional development trainings to support your skills as a Family Leader.
2. Work with a hospital or school district to review aggregate data of family satisfaction surveys.
3. Recommend policy changes as a result of surveys/ assessments.
4. Participate in grant writing to assure the perspective of families is integrated in program development.
5. Participate as a content expert on a Quality Improvement team.
6. Establish yourself as a consultant and professionally offer consultative reports including policy recommendations.
7. Be informed about legislative issues that will impact children and families.
8. Prepare and deliver an impactful legislative testimony.
9. Develop and lead an advisory council at the hospital, school district or state agency.